

# The relationship between fetuin-A

## levels and ovarian cyst in Kirkuk women

*La relación entre los niveles de fetuina-A y el quiste ovárico en mujeres de Kirkuk*

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### Abstract

The current study mainly aims to reveal the relationship between fetuin-A levels and ovarian cysts. A purposive sample of women with ovarian cysts visiting Azadi and Al-Jumhuri Hospitals in Kirkuk City is selected according to the study criteria. The study samples include 50 women with ovarian cysts and 20 as controls. The current study's findings exhibited that the highest duration of marriage was one year in patients and control groups (56%, and 60%, respectively). Menstruation in the patients' group was irregular (100%). Abortion in the patients' group reached 86%. The percentage of hereditary disease in patients and control groups were 82% and 90%, respectively. Otherwise, Fetuin-A and Malondialdehyde (MDA) levels in women with ovarian cysts demonstrate significant ( $P < 0.05$ ) elevated compared with the control women.

**Keywords:** ovarian cyst; Fetuin-A; Malondialdehyde.

### Resumen

El estudio actual tiene como objetivo principal revelar la relación entre los niveles de fetuina-A y los quistes ováricos. Se selecciona una muestra intencional de mujeres con quistes ováricos que visitan los hospitales Azadi y Al-Jumhuri en la ciudad de Kirkuk de acuerdo con los criterios del estudio. Las muestras del estudio incluyen 50 mujeres con quistes ováricos y 20 como controles. Los hallazgos del estudio actual mostraron que la mayor duración del matrimonio fue de un año en los grupos de pacientes y de control (56 % y 60 %, respectivamente). La menstruación en el grupo de pacientes fue irregular (100%). El aborto en el grupo de pacientes alcanzó el 86%. El porcentaje de enfermedad hereditaria en pacientes y grupos de control fue del 82% y 90%, respectivamente. De lo contrario, los niveles de fetuina-A y malondialdehído (MDA) en mujeres con quistes ováricos muestran un aumento significativo ( $P < 0,05$ ) en comparación con las mujeres de control.

**Palabras clave:** quiste de ovario; fetuina-A; Malondialdehído.

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### Introduction

The ovarian cysts define as a gynecological trouble and are divided into two groups; the physiological group and pathological group<sup>1-2</sup>. The physiological cysts are follicular and luteal cysts. The pathological cysts are ovarian lesions that may be benign tumors, malignant and borderline tumors. The benign are the most common in young women, but malignant most common frequent in the elderly women<sup>3-5</sup>. The ovarian cysts occur in 30% and 50% of women with regular and irregular masses and 6% of postmenopausal women. Most ovarian cysts among female of reproductive age are functional cysts<sup>6-7</sup>. Various systems of scoring according to morphological and Doppler indices can be utilized to recognize the benign from the malignant ovarian cysts<sup>8-9</sup>. Fetuin-A, also known as Alpha 2-Heremans Schmid Glycoprotein (AHSG), is define as multifunctional plasma factor with a molecular weight about 60 kDa and the half-life is estimated of several days<sup>10-12</sup>. Fetuin-A has a direct impact on the insulin resistance with modulates for reactions of inflammatory and lead to different metabolic modifications<sup>13</sup>. The function of the

fetuin-A in insulin resistance mechanism was showed in the animal models and humans studies<sup>14-15</sup>. So, the current work objected to reveal the relationship between fetuin-A levels and ovarian cyst.

### Material and methods

#### The study design

A quasi-experimental design was utilized in the current work with two groups patients group and control group, the study was conducted between January to May 2021.

#### Sampling

Purposive sample of women with ovarian cysts visits Azadi and Al-Jumhuri Hospitals in Kirkuk City that are selected according to the study criteria. The study samples include 50 women with ovarian cysts and 20 women as control.

### Questionnaire reliability

Questionnaire reliability was utilized to determine the questionnaire accuracy, since the outcomes of current study demonstrate high level of stability and internal consistency for study groups.

### Fetuin-A estimate

The levels of fetuin-A in serum of both groups were measured by using sandwich enzyme-linked immune-sorbent assay (ELISA) and the kit that used to estimate the levels of fetuin-A provided by Biorbyt /USA.

### MDA estimate

The estimate of MDA in serum of study groups was according to the reaction with the thiobarbituric acid that lead to forming red color, which absorbed at 532 nm by using spectrophotometer<sup>16</sup>.

### Statistical analysis

The data in tables are presented as mean  $\pm$  standard error (SE). The t-test was utilized for analysis,  $P < 0.05$  was considered as significant differences.

## Results

### Reproductive characteristics

The findings of current study exhibited that the highest duration of marriage was 1 year in patients and control groups (56%, 60% respectively). Menstruation in patients group was irregular (100%). The Abortion in patients group was reach 86%. The percentage of hereditary disease in patients and control groups were 82%, 90% respectively as shown in table (1).

Table 1. Studied groups according to reproductive characteristics

RCv.	Variables	Patients		Control	
		No.	%	No.	%
Duration of marriage	1 year	28	56	12	60
	2 years	11	22	3	15
	3 years	8	16	4	20
	4 years	3	6	1	5
	Total	50	100	20	100
Menstruation	Irregular	50	100	2	10
	Regular	0	0	18	90
	Total	50	100	20	100
Abortion	Non	7	14	19	95
	Yes	43	86	1	5
	Total	50	100	20	100
Hereditary disease	Non	41	82	18	90
	Yes	9	18	2	10
	Total	50	100	20	100

### Fetuin-A levels

Fetuin-A levels in women with ovarian cyst ( $25.86 \pm 0.416$ ) show significant ( $P < 0.05$ ) elevated compared with the control women ( $21.73 \pm 0.291$ ).

### MDA levels

MDA levels in women with ovarian cyst ( $2.485 \pm 0.276$ ) show significant ( $P < 0.05$ ) elevated compared with the control women ( $1.502 \pm 0.124$ ).

## Discussion

Various studies and works reported the correlation between Fetuin-A concentrations and polycystic ovarian syndrome. These studies and researches were contradictory. In prior studies and researches, the Fetuin-A concentrations were increased, reduced, or unchanged in women with polycystic ovarian syndrome compared with control women<sup>17-21</sup>. On the other hand, the current findings are agree with study carried out by<sup>22</sup> who found that the concentrations of fetuin-A were elevated in euglycemic patients with polycystic ovarian syndrome. Otherwise, a study indicated by<sup>23</sup> referred contradicting results to the current results. In their study, 88 women (44 female with PCOS and 44 healthy females as control group) were used. Their results demonstrated that the levels of Fetuin-A show non-significant changes between patients and control groups. In the current study, we found that the concentrations of Fetuin-A were markedly increased in female with ovarian cysts compared with healthy female. The current outcomes were consistent with those of<sup>19-20</sup> but contrary to those of<sup>21</sup>. Also, in current study, MDA levels have been elevated significantly in patients with ovarian cysts compared with healthy women. The increasing prevalence of obesity plays a critical role in enhancing the development of polycystic ovarian syndrome in individuals<sup>24</sup>. the study has carried out by Erdogan et al.<sup>25</sup> demonstrated no significant difference in MDA levels between female polycystic ovarian syndrome and control females. It has been shown that elevated synthesis production of reactive oxygen species in polycystic ovarian syndrome may lead to tissue destruction and damage<sup>26</sup>.

In a prior study, significant increased in MDA concentrations were detected in infertile female with polycystic ovarian syndrome compared with fertile female with polycystic ovarian syndrome, they suggesting that infertility is related with Oxidative stress in these women<sup>27-29</sup> that agree with current results.

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