

# Immunosuppression and Cellular Immunity Reactions in Leprosy Patients Treated with a Mixture of *Mycobacterium leprae* and BCG<sup>1</sup>

Elsa Maria Rada, Jacinto Convit, Marian Ulrich,  
Maria Eugenia Gallinotto, and Nacarid Aranzazu<sup>2</sup>

Leprosy patients present different clinical, histological, and immunological forms of disease throughout a wide spectrum. The benign form, tuberculoid leprosy, is characterized by an active response measured *in vitro* by a T-cell proliferation assay. In the multibacillary malignant form, lepromatous leprosy, T cells do not proliferate in the presence of specific and crossreacting antigens of *Mycobacterium leprae* (6).

The basic immunologic defect(s) in lepromatous leprosy producing reduced or absent cellular immunity to *M. leprae* is as yet not fully understood (7). Assays for suppression of the immune response by suppressor T cells or monocytes in lepromatous leprosy patients have been presented (9). Exposure of T cells and monocytes from patients with lepromatous, but not tuberculoid, leprosy to Dharmendra lepromin preparations or to *M. leprae* phenolic glycolipid (8) suppressed the *in vitro* mitogenic response of their lymphocytes to concanavalin A. However, other assays to detect disease-related suppression in lepromatous leprosy have provided conflicting results (1, 13, 16).

The purpose of this study was to evaluate the effect of treating lepromatous patients with a mixture of *M. leprae* and BCG on the reactivity of their lymphocytes in the suppressor-cell assay described by Mehra, *et al.* (9). In addition, proliferative responses to diverse preparations of *M. leprae* and *in vivo* responses of untreated and treated patients have been compared in this study.

## MATERIALS AND METHODS

**Isolation of mononuclear cells.** Mononuclear cells were obtained from 20 ml of heparinized blood from lepromatous patients and normal volunteers by centrifugation on Ficoll-Hypaque gradients (2). After three washes, the cells were resuspended in RPMI 1640 (GIBCO Laboratories, Grand Island, New York, U.S.A.) with 10% of a pool of human AB serum, 100 U penicillin, 100  $\mu$ g streptomycin, and 2  $\mu$ mol glutamine/ml. The cells were cultured at  $2 \times 10^5/0.2$  ml medium in microtiter plates. The lepromatous patients were studied before initiation of immunotherapy and after having received two to seven vaccinations with a mixture of *M. leprae* and BCG (4) in proliferation and skin test assays; suppression assays were performed before immunotherapy and after 2 years (eight to ten vaccinations).

**Suppression assay.** For the development of this study, we used the same experimental conditions employed by Mehra, *et al.* (9). The antigen used in immunosuppression was Dharmendra lepromin (prepared by Dr. M. Abe, National Institute for Leprosy Research, Tokyo, Japan). Concanavalin A (ConA; Sigma Chemical Co., St. Louis, Missouri, U.S.A.) 2  $\mu$ g/ $2 \times 10^5$  cell and 10  $\mu$ l of Dharmendra lepromin were added. The cultures were incubated in 95% air-5% CO<sub>2</sub> for 3 days. They were treated with 1  $\mu$ Ci <sup>3</sup>H-thymidine (specific activity 1 Ci/mole) 18 hr before harvesting, and the cells were processed for liquid scintillation.

The percentage of suppression was calculated as follows:

$$\%S = \frac{100 \left( \frac{\text{counts per minute (CPM) ConA + lepromin}}{\text{cpm ConA}} \right) - 100}{100}$$

<sup>1</sup> Received for publication on 5 March 1987; accepted for publication in revised form on 12 June 1987.

<sup>2</sup> E. M. Rada, M.S., Biologist; J. Convit, M.D., Director; M. Ulrich, Ph.D., Immunologist; M. E. Gallinotto, B.S., Research Associate; N. Aranzazu, M.D., Dermatologist, Laboratorio de Leprologia, Instituto de Biomedicina, Apartado Postal 4043, Caracas 1010A, Venezuela.

13. NATH, I. and SINGH, R. The suppressive effect of *M. leprae* on the *in vitro* proliferative responses of lymphocytes from patients with leprosy. Clin. Exp. Immunol. **41** (1980) 406–414.
14. NELSON, E., WONG, L., UYEMURA, K., REA, T. and MODLIN, R. Lepromin-induced suppressor cells in lepromatous leprosy. Cell. Immunol. **104** (1987) 99–104.
15. RIDLEY, D. S. and JOPLING, W. H. Classification of leprosy according to immunity; a five-group system. Int. J. Lepr. **34** (1966) 255–276.
16. STONER, G. L., MSHANA, R. N., TOUW, J. and BELEHU, A. Studies on the defect in cell-mediated immunity and lepromatous leprosy using HLA-D identical siblings. Scand. J. Immunol. **15** (1982) 33–48.